



## *Reflection from Fr. Mike*

On the first Sunday of Lent, we reflect on how the past year may have been a “Lent” for many individuals and families.

So, how do we begin this Lenten season, already anxious, tired of isolation, sad from the loss of loved ones or struggling financially?

The readings of this Sunday’s Mass speak to us of God’s faithfulness. Noah and his descendants entered into a covenant with God in which God promised never to destroy the earth by water again. The covenant God has made with us is the promise to always be with us.

As God is faithful to that covenant, we are asked to do our part: to be aware of God’s love even in the midst of tragedy, division and unrest.

The journey of the past year can be compared to how Jesus felt being abandoned in the desert. We are reminded by Mark’s words in the Gospel: Jesus was among wild beasts and the angels ministered to Him.”

What are the barriers in my life preventing me from trusting and proclaiming the goodness of God’s faithfulness and Love?

This Lent calls us to let go of what is not important and once again reflect on how God continues to lead us to New Life.

God is always patiently waiting for us to return.

*~ Peace,*

*Fr. Mike*