

This may sound strange, but you have never seen your own face. You have seen the reflection of your face in a mirror, and you have seen pictures of your face. But it is impossible for our eyes to turn around outside our head and see our own face. So how can we know for sure what we look like? Well, we trust mirrors and cameras to give us an accurate reflection of what we look like.

In the same way, we tend to conclude who we are as a person by the reflection we receive back from others. Ideally, others reflect back to us an accurate representation of who we are, i.e. a beloved child of God. But because others have their own biases and blind spots, they are not always reliable mirrors. They may reflect back to us that we are beloved only when we do what they want us to do.

Basically, we have only two tasks in life. One is to recognize (and believe) the accurate reflection of who we are which God provides through the genuine love and care of others. The other task is to be the most accurate mirrors possible in reflecting back to others who they truly are. The better we are at doing those two things, the more clearly we see that we are all simply the same reflection of God's love.

~ Peace, Fr. Garry