



Reflection from Sr. Rose McLarney

Every gospel has a key message that is meant for us to grasp. So what could it be with the gospel readings about laws on divorce, anger and adultery? The second reading's first sentence is "This God has revealed to us through the Spirit". This is the key message of God's Word, be One with the Spirit. The scriptures were written at a particular time for the people of that time. God has told us to not be followers of Paul or John but followers of God. Today we might say do not be followers of Pope Benedict or of Pope Francis. So how do we know the laws we should follow?

At the beginning of Advent, Father Garry suggested that Advent could be a time of making room for God within us. Scripture tells us the law of God is to be One with the Spirit. The Spirit leads us to the truth if we do not get in the way. Time for prayer and contemplation are essential to being lead by the Spirit. To seek the truth for God's people today, we let God's Spirit work within us constantly listening for God's way and God's word rather than clinging to certitude. Then we can live "This God has revealed to us through the Spirit."

*Peace,
Sr. Rose*