Dr. Martin Luther King Day Observance
St. Therese Little Flower Parish
5814 Euclid Ave, KCMO 64130
"Called to Serve Others—Sharing a Little Hope"
January 15, 2024 - Prayer Service at 10:00 am
Followed by Spreading Hope with Care Bags

## Suggested Items to bring:

- Protein (Vienna sausage, tuna, chicken, etc.),
- vegetables (corn, beans, etc.)
- fruit (peaches, pears, applesauce, etc.),
- peanut butter and crackers
- snack crackers (peanut butter, cheese, etc.)
- raisins (individual 1 oz. packs)
- other non-perishable food items
- small packs of sanitizer wipes, spray or gel
- Mylar blankets
- Hand/foot warmers
- Other food items
- Bottled water
- Hygiene items (individual wrapped soap, face cloths, wipes, deodorant, etc.)