

FAITH & GRIEF GATHERINGS 2025

LOCATION: VISITATION CATHOLIC CHURCH, TIGHE HALL

All gatherings will be on the first Wednesday of the month, *unless otherwise indicated*.

Wednesday March 12, 2025 @ Noon CST



[Speaker: Ryan Speed – Remembering a Beloved Uncle](#)

Grief is a complex journey, one that I began to understand deeply after losing my uncle to substance use when I was 18. His life was marked by struggles with mental health but also by profound kindness and love that shaped who I am today. Saying goodbye wasn't something my family was prepared for, and his death left us searching for meaning in the midst of pain. I've come to understand that the stages of grief are far from linear; waves of sadness, anger, and acceptance often overlapped in my journey. Through this I believe my faith was strengthened, helping me see his impact in my life and carry that forward. That understanding continues to guide me, both personally and in my work with others facing challenges with mental health, substance use, and loss.

Wednesday, April 9, 2025 @ Noon CST



[Speaker: Deborah Shouse – Staying Connected Beyond Death](#)

Grieving the death of her adult daughter, Deborah follows her therapist's suggestion to seek healing by writing letters to her girl. Her post-death correspondence with her daughter has made a huge difference in her grief journey.

Wednesday, May 7, 2025 @ Noon CST



[Speaker: Marcia Tammeus - A Reflection - Three Losses due to Cancer \(father, sister and brother-in-law\)](#)

Cancer is not kind. Many of us have experienced loss due to this disease. The saving grace for me was being able to say goodbye with the hope of a peaceful death for each of them. I learned a lot from these experiences as my family did our best to walk alongside them. I returned to Vermont often to do just that, whenever possible.

Visit faithandgrief.org or scan the QR code to RSVP for a gathering and learn more about all our grief programs online and In-person.



Faith & Grief Roundtables Planned

All Roundtables are presented virtually. The link for the event will be sent to those who register.

Watch the Faith & Grief website each month for further information.

www.faithandgrief.org